RED-HOT !

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RHK

2021 COVER KITTENS SERIES

MAY 20.21
ISSUE 222

$4.99
USD

COVER MODEL

GAIA RAE

LOOK INSIDE FOR THE EXCLUSIVE INTERVIEW AND UNCENSORED CLASSY NUDE PHOTOS BY RAFEESE PHOTOGRAPHY!

ALSO FEATURING EVA PIZZINGA | CHRISTINE MILLER | NATASHA GRUNDY

Editorial

As we embark on another 365-day journey, RHK is truly grateful to share another year with our readers, fans, models, photographers, and everyone else who continues to support us.

2020 was filled with plenty of memories ... some good, some bad ... but memories nonetheless! The main takeaway from 2020, at least for me personally, was to count my blessings. Be grateful. Savor the moment. Breathe. Look for the positives in every situation. And hopefully I was able to convey that message to everyone I had an opportunity to work with. Even though we faced small obstacles and challenges, we had (and have) so much to be thankful for ... and a better day is always on the horizon!

With all of the challenges we faced in 2020, we were still able to continue our operations without interruption ... and had another great year! We released exclusive content every month, with over 25 all-new issues. We worked with new featured models, while some of our previously featured models returned with even hotter content!

All in all ... last year was a huge success!

In 2021, we hope to get back on our promo-tours, which give us the opportunity to meet and discover the world's hottest models. And, as always, our goal is to deliver the best magazines and products we possibly can ... our readers and fans deserve nothing but the best!

rhk

noun

red-hot kittens, the sexiest models in the world

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Again, thank you for everything ...
I greatly appreciate YOU!

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How to Take a Stress-Free Holiday Road Trip

Holiday travel can be stressful, but it should be fun, too. Advance planning and proper car care can take much of the stress out of a holiday road trip and leaving you free to enjoy the ride.

Checklists for each aspect of the trip will help ensure that nothing important is left behind, and that you are safe and prepared in case of an emergency. When it's time for a holiday road trip, keep these tips in mind for smooth travels:

Check your ride: A complete car check before a road trip should include making sure the fluid levels are sufficient. Make sure wiper blades and the wiper mechanism itself is working properly. Check your lights, including brights, to be sure they are functional. And, last but not least, don't forget your tires. Tires are the connection between your car and the road, so be sure to examine the tread for signs of excess wear.

"Traction and tread are inextricably linked. The grooves in your tires are critical in helping to channel water away to allow the tire to grip the road," says Sarah Robinson, Michelin safety expert. "Making sure you're driving on tires with proper tread can be the difference between avoiding an accident and becoming part of it."

Be prepared: Equip your car with an emergency kit, including water, flashlight, blanket, jumper cables, extra windshield wiper fluid, cell phone charger, and emergency phone numbers for roadside assistance, as well as a contact person at your destination.

Map your route: Check your route in advance and, if possible, plan your trip for times with less traffic. If you are planning to use a map feature on your phone, use the voice component; if you don't have that, consult a paper map and get a sense of the route before you get behind the wheel.

Safety first: That means the driver focuses on driving. If you are the driver and need to check your phone, send a message, have a snack, or tend to a child or pet in the back seat, wait for a rest stop, or if necessary, pull over to the side of the road.

Watch the weather: Especially during winter holidays, knowing the weather in advance can help you plan to avoid a storm. If conditions are truly dangerous, the smart move is to postpone your trip until the weather improves.

For more information, visit www.MichelinMan.com / (NewsUSA)

"I love creating content, I get inspired by Naomi Campbell. I love her energy she gives, it's contagious ... "

FEATURED MODEL CHRISTINE MILLER /
PHOTOS BY LAURA SKYE PHOTOGRAPHY

Former Mrs. Hawaii and I lost 45 lbs on the road to victory, winning my first NPC Bikini competition in 2019. During the pandemic I was able to obtain my 500 hr RYT Yoga Teacher certificate. I love to live a healthy lifestyle, it comes naturally now. I stay in shape from doing Brazilian Jiu-jitsu and Pole dance. Living in Hawaii, I practically live in the ocean. It was only a matter of time that I would be starting my own bikini collection. I'm excited to launch my new exclusive collection in May.

How long have you been modeling? I have been modeling for 5 years, but ever since I won my first NPC bikini competition, I've been doing a lot of fitness modeling and I love it.

Who or what inspired you to start modeling? I love creating content, I get inspired by Naomi Campbell. I love her energy she gives, it's contagious ... I love how she creates such magic in all she does. She is beautiful inside and out.

How would you describe your modeling style? I love to create magical art with my modeling, it's more of a feeling, a higher vibration. I get inspired, but first I have to use my imagination and gain inspiration from nature.

What is your most memorable moment as a model? Shooting at a surf spot, China Walls in Hawaii. It got dangerous when we had to cross over ledges with the unexpected crashing waves.

What are your modeling goals, short-term and long-term? I love shooting, creating new content always! My long-term goal is to continue to help people live a healthy lifestyle, which my modeling helps do just that.

What is your sexiest feature? My sexiest feature has to be my smile.

Name:
Christine Miller
Location:
Honolulu, HI
Measurement:
34 – 24 - 35
Booking info:
ww.kathymuller.com
Photographer:
Laura Skye Photography

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Gaia Rae

Location:
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Weight: 110 lbs
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Instagram: @Gaiarae
Instagram: @Gaia.rae
Photographer: Rafeese
HMUA: Natural hair,
I personally do my
own makeup.

COVER MODEL
MAY 2021

How long have you been modeling?
A little over 2 years.

Who or what inspired you to start modeling?
I've always admired the modeling industry since I was a kid. I attended Barbizon in High School, but nothing ever came from it so I asked a couple model friends of mine and did it on my own.

How would you describe your modeling style?
I'm trying to "keep it classy." I want to convey the real person that I am through images while empowering myself and other women.

What is your most memorable moment as a model?
Making my first cover with Charliez Angelz!

"I'm an old soul trying to expand my name and change perspectives of the world ... My short-term and long-term goals are traveling the world modeling, gaining as much life experience as I can! Life is beautiful and there is so much to learn about other cultures!"
Gaia Rae, Cover Model

What is your sexiest feature?
Personality ... I'm 100% myself 100% of the time. Life is short, don't try to pretend to be someone you're not.

HAPPY
FUN

RED-HOT

TIPS

Don't Let Your Looks Blow Your Interview

The perfect resume means nothing if you can't sell yourself at a job interview. And most interviewers form an opinion before you shake their hand ... potential employers really do judge books by their covers.

So, how can you dress to get your foot in the door?

The most important element when dressing for a job interview is to evaluate your setting. Different offices enforce different dress codes -- an advertising agency, for example, might allow a little more personality than a government office. If the employer has an HR department, ask someone there about the company dress code. When in doubt, dress conservatively.

While you don't always need to wear a suit, keep in mind that you should dress for a position two levels higher than the one for which you are interviewing. If that means wearing a suit, choose a well-fitted, neatly-pressed suit in a dark, neutral color other than solid black.

Even if you opt for a more business-casual look, wear a collared shirt and a jacket. Make sure that all clothes fit well, are clean, and do not have loose threads or wrinkles.

And, although often overlooked, remember it's what is inside that counts. While your interviewer certainly shouldn't see them, it is important to choose the right kind of underwear. According to a recent Calvin Klein Underwear survey that polled 600 men and 400 women (available at survey.com), approximately 70 percent of those polled admit their undergarments are an extension of their personality. In addition, 80 percent say a good pair makes them feel more confident.

"Whether you are wearing a crisp white shirt with slacks or a tailored suit, it's important to set your foundation with a stylish and comfortable set of underwear."

- Jeannie Mai, celebrity stylist, host of Style Network's "How Do I Look" and "Extra" correspondent.

"Consider Calvin Klein's Classic Two Pack Boxer Briefs (www.cku.com). They are 100 percent cotton with a traditional fit, and are sexy, yet functional, with the signature logo waistband. Available in black and white, they can lend added confidence for your interview."

To add the final touches to your dressed-to-impress style, polish your shoes to demonstrate attention to detail. Cleanly groom your hair, and you'll show any respective employer that you mean business!

For more information, visit www.cku.com / (NewsUSA)

"Photomodel by passion, I am a very determined woman ..."

FEATURED MODEL EVA PIZZINGA / PHOTOS BY LORIS GONFIOTTI

Eva Pizzinga

Location:
Italy, Florence
Measurements:
86- 73-88
HMUA:
Francesca lo Piccolo
Photographer:
Loris Gonfiotti

Photomodel by passion, I am a very determined woman.

How long have you been modeling? I started again a few months ago to pose for the shootings.

Who or what inspired you to start modeling? I am a model for passion, I love to pose for sets and evaluate my skills and talents in various styles of photography.

How would you describe your modeling style? I am a very versatile model. I love Glamour very much, but I also love to do other styles a little more particular and crazy, coming from the fashion.

What is your most memorable moment as a model? My best experience in photography was a few months ago when I fell in love. Now my partner, a professional photographer, has realized my biggest dream, that of the wedding dress. Without a doubt the most exciting shooting ever.

What are your modeling goals, short-term and long-term? I wish I could continue to pose as a model because it is something I do with a lot of determination and passion. I hope to be able to continue for a long time and to bring it to be a real job.

What is your sexiest feature? I think my sexiest part is my gaze, the expression on my face in general.

Smile

How Can More Sex Extend Your Life?

Today, many couples are experiencing what is known as the "sexless marriage," or a marriage in which a couple has sex only a few times each year.

But what many of these couples fail to realize is that they are missing out on the benefits that sex provides, not only for reasons of emotional intimacy, but also for its physical benefits. Sexless marriages are neither normal nor inevitable.

Setting aside time for intimacy works for some couples, while others find help from all-natural sex aids, like Magic Power Coffee (magicpowercoffee.com) or Viagra.

But if you are looking for additional motivation in the bedroom, simply recall the benefits a healthy sex life can provide that will keep you feeling youthful, longer:

Weight Control. Sex can burn 84 calories in 30 minutes, while also improving heart and muscle strength, flexibility and muscle tone. Having regular sex can be used as a tool for couples who are looking to shed pounds or maintain a healthy weight.

Pain Relief. Before popping another aspirin, think about hopping into bed. Sex naturally releases endorphins and corticosteroids, which can help relieve pain from migraines, menstrual cramps and chronic back problems.

Better Sleep. Making love can help insomniacs fall asleep, and it's certainly more fun than counting sheep or keeping your partner awake as you toss and turn. Getting enough sleep carries its own health benefits, including healthy weight and blood pressure.

Stress Relief. Sex lowers both blood pressure and overall stress. In a study reported in the journal Biological Psychology, individuals who had intercourse performed better in high-stress situations like public speaking and verbal arithmetic.

Reduces prostate cancer risk. An Australian study, reported in the British Journal of Urology International, found that 20-something men who led healthy sex lives were less likely to develop prostate cancer later in life.

(NEWSUSA)

"I'm motivated and driven to be the best and not disappointing myself, but clarifying who I am. Staying humble and kind, focusing on my goals ..."

FEATURED MODEL NATASHA GRUNDY
PHOTOS BY TARQUIN HOOPER

Name:
Natasha Grundy
Location:
Salt Lake City, UT
Height: 5.25ft
Booking Info:
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Photographer:
Tarquin Hooper
Instagram:
@TarquinPhotography
Facebook:
TarquinPhotography
TarquinPhotography.com

I'm motivated and driven to be the best and not disappointing myself, but clarifying who I am. Staying humble and kind, focusing on my goals.

How long have you been modeling? 4 years.

Who or what inspired you to start modeling? Inspired by confidence, not showing on stage for fitness completions, but staying motivated and having a goal to look and feel good throughout the year, every year.

How would you describe your modeling style? I strive to capture my true personality by feeling sensual and sexy, along with trying to keep they mystery of wonder.

What is your most memorable moment as a model? Being featured in a magazine, its enlightening and achieving.

What are your modeling goals, short-term and long-term? Short and long term is to keep motivated throughout the year, in daydreaming hopes to be featured on the cover of magazines.

What is your sexiest feature? My shoulders.